

AUGUST | 2019

South Adams Schools Corporation



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



29 | 30 | 31 | 1 | 2

Welcome Back To School



12 | 13

Staff Development Day-
No student Classes!

14

First Student Day- Welcome Back!
BBQ Chicken or Totally Taco Pizza
Bites*
Fresh Baby Carrots & Celery
w/Ranch Dressing*
Fruit
Milk*

*Contains: Wheat, Milk, Dairy, Soy,
Egg

15

Starfire Soul Bowl*
Popcorn Chicken*
Mashed Potatoes* w/Chicken Gravy*
Steamed Corn*
WG Dinner Roll*
Fruit
Milk*

*Contains: Soy, Wheat, Egg, Dairy,
Milk, Corn

16

Crispy Pork Tenderloin* or
Cheeseburger* on WG Bun*
W/ Ketchup & Mustard
Steamed Peas
Baked Beans
Fruit
Milk*

*Contains: Pork, Wheat, Dairy, Soy,
Milk

19

WG Chicken Nuggets*
W/Ketchup, BBQ sauce
WG Homestyle Mac & Cheese*
Steamed Broccoli & Carrots
Fruit
Milk*

*Contains: Wheat, Dairy, Milk, Soy

20

Soft Beef Tacos*
w/ Toppings (Lettuce, Tomatoes,
Taco Sauce, Cheese*)
w/ Spanish Rice*
Refried Beans
Fruit
Milk*

*Contains: Soy, Wheat, Dairy, Milk

21

Spaghetti w/Meat sauce*
Cheesy Stuffed Breadstick*
Tossed Salad (Lettuce, Carrots,
Tomatoes, Cheese)
Dressing Choice*
Fruit
Milk*

*Contains: Soy, Wheat, Dairy, Milk,
Egg

22

BBQ Beef Rib Patty*
WG Goldfish Crackers*
Crispy Tater Tots w/Ketchup*
Steamed California Blend
Fruit
Milk*

*Contains: Soy, Wheat, Dairy, Milk

23

Crispy Chicken Patty on WG Bun*
W/ Ketchup, Mustard, Mayo*
Fresh Carrots & Celery W/Ranch*
Fruit
Milk*

*Contains: Wheat, Soy, Egg, Milk,
Dairy

26

WG Breaded Corndog*
W/ Ketchup & Mustard
Steamed Mixed Veggies
Cheesy Steamed Broccoli*
Fruit
Milk*

*Contains: Wheat, Egg, Soy, Milk,
Corn

27

Fiesta Beef Nachos*
(Taco Beef, Lettuce, Cheese, Salsa,
Black Beans, Tortilla Chips, Ranch
Dressing, Taco Sauce)
Fruit
Milk*

*Contains: Dairy, Soy, Egg, Wheat,
Milk

28

Cheesy Square School Pizza*
Steamed Sweet Corn*
Cooked Green Beans
WG Goldfish Graham Crackers
Fruit
Milk*

*Contains: Wheat, Soy, Dairy, Milk,
Corn

29

BBQ Meatballs*
Potato Smiles w/Ketchup*
WG Dinner Roll w/Butter*
Steamed Peas
Fruit
Milk*

*Contains: Soy, Wheat, Dairy, Milk

30

Starfire Sub Sandwich
(Ham or Turkey w/Cheese on WG
Bun)
Fresh Carrots & Celery W/Ranch*
Creamy Cook's Pudding*
Fruit
Milk*

*Contains: Pork, Dairy, Wheat, Milk,
Egg

August 7- Back to School Registration
August 13- Staff Development Day!
No student classes!

August 14- First Day of School!
Milk Choices offered daily- White,
Chocolate, and Strawberry.

Students packing their lunch & wanting
to purchase milk must purchase it for
\$0.50 regardless of meal benefit status.

All Whole Grain (WG) items served
contain wheat (gluten). Examples: pasta,
breaded foods, buns, biscuits, breads.

Substitutions for allergies available
with Physician documentation.

Menu is subject to change!

*Breakfast served for K-12 from
7:30-7:55 a.m. during the school
year unless school is delayed.*

Menu Pricing:

Breakfast K-12:

Paid \$1.50 Reduced \$0.30
Free \$0.00 Adult \$1.80

Lunch K-5 Paid \$2.25

Lunch 6-12 Paid \$2.35

Reduced K-12 Lunch \$0.40

Free K-12 Lunch \$0.00

Adult Lunch \$3.20