
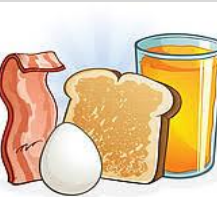





# September 2019

August '19							October '19							November '19							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3				1	2	3	4	5						1	2
4	5	6	7	8	9	10	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
11	12	13	14	15	16	17	13	14	15	16	17	18	19	10	11	12	13	14	15	16	
18	19	20	21	22	23	24	20	21	22	23	24	25	26	17	18	19	20	21	22	23	
25	26	27	28	29	30	31	27	28	29	30	31	24	25	26	27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Cereal: Some contain wheat (gluten), corn, soy.</p> <p>Granola: Wheat, soy. *May also be processed in presence of tree nuts, milk.</p> <p>Yogurt/Milk: Dairy.</p> <p>Poptarts, Cereal Bars: Wheat, Soy.</p> <p>Pancake Wrap, Muffin: Wheat, Soy, Egg.</p> <p>Oatmeal Bar: Wheat, Soy, Milk, Egg.</p> <p>Blueberry/Banana/ Cocoa Bread: Soy, Wheat, Egg.</p> <p>Apple Pie Pocket- Wheat, Soy</p> <p>Donuts, Breakfast Round, Waffles, French Toast: Wheat, Soy, Egg, Milk.</p> <p>Apple Cin. Texas Toast, Cinn, Blueberry Swirl Breadstick, Cr. Cheese Bagel: Milk, Soy, Wheat</p> <p>Biscuits &amp; Gravy, Egg/Cheese Bagel, Ham/Sausage &amp; Cheese Bliscuit, Breakfast Slider, Breakfast Pizza &amp; Breakfast Breadstick: Wheat, Soy, Egg, Milk, Dairy, Pork</p> <p>Chewy Granola Bar, PBJ Graham: Nuts, Soy, Wheat</p> <p>Pancakes: Egg, Wheat</p> <p>Grape Crescent: Dairy, Wheat</p>	<p>2 Labor Day No School!</p>	<p>3 WG Muffin or Breakfast Breadstick Yogurt w/Granola Fruit Juice Milk</p>	<p>4 Poptart or Cereal Bar String Cheese Yogurt Fruit Juice Milk</p>	<p>5 Ultimate Breakfast Round or Cereal Yogurt w/Granola Fruit Juice Milk</p>	<p>6 Breakfast Burrito w/Salsa or Cereal Fruit Yogurt Juice Milk</p>	   	
	<p>9 Banana or Blueberry Bread slice Yogurt Fruit Juice Milk</p>	<p>10 French Toast sticks w/Syrup or Nutrigrain Bar Yogurt w/Granola Fruit Juice Milk</p>	<p>11 Cereal or Cereal Bar Fruit Yogurt w/Granola Juice Milk</p>	<p>12 Pancake Wrap w/Syrup Yogurt Fruit Juice Milk</p>	<p>13 Mini Donuts Fruit Yogurt Juice Milk</p>		
	<p>16 Poptart or Cereal Yogurt w/Granola Fruit Juice Milk</p>	<p>17 Dutch Waffle or Oat Bar Yogurt Fruit Juice Milk</p>	<p>18 Ham &amp; Cheese Biscuit or PBJ graham sandwich Yogurt Fruit Juice Milk</p>	<p>19 Oatmeal w/Br. Sugar or Oat Bar Fruit String Cheese/Yogurt Juice Milk</p>	<p>20 WG Muffin or Mini Cr.Cheese Bagel Yogurt Fruit Juice Milk</p>		
	<p>23 Banana or Cocoa Bread Slice Yogurt Fruit Juice Milk</p>	<p>24 Breakfast Sliders or Cereal Yogurt w/Granola Fruit Juice Milk</p>	<p>25 Chewy Granola Bar or WG Muffin Fruit String Cheese/Yogurt Juice Milk</p>	<p>26 Oat Bar or Egg &amp; Cheese Bagel Fruit Yogurt Juice Milk</p>	<p>27 Breakfast Pizza or Cereal Fruit Yogurt w/Granola Juice Milk</p>		
	<p>30 Cereal Bar or Oat Bar Fruit Yogurt w/Granola Juice Milk</p>						

**Breakfast Info.:** Breakfast is served in the SA cafeteria from 7:30 a.m. -7:55 a.m. for grades K-12.  
**Breakfast Pricing:** Paid (\$1.50); Reduced (\$0.30); Free (\$0.00); Adult (\$1.80)  
 Please note: Menu subject to change.  
 Substitutions available with Physician documented allergies only.  
 Contact Abbey Morgan at 260-589-1112 with menu questions/concerns.