

August 2019

July '19						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September '19						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October '19						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Cereal: Some contain wheat (gluten), corn, soy.

Granola: Wheat, soy.
*May also be processed in presence of tree nuts, milk.

Yogurt/Milk: Dairy.

Poptarts, Cereal Bars: Wheat, Soy.

Pancake Wrap, Muffin: Wheat, Soy, Egg.

Oatmeal Bar: Wheat, Soy, Milk, Egg.

Blueberry/Banana/Cocoa Bread: Soy, Wheat, Egg.

Apple Pie Pocket- Wheat, Soy

Donuts, Breakfast Round, Waffles, French Toast: Wheat, Soy, Egg, Milk.






Apple Cin. Texas Toast, Cinn, Blueberry Swirl Breadstick, Cr. Cheese Bagel: Milk, Soy, Wheat

Biscuits & Gravy, Egg/Cheese Bagel, Ham/Sausage & Cheese Biscuit, Breakfast Slider, Breakfast Pizza & Breakfast Breakfast: Wheat, Soy, Egg, Milk, Dairy, Pork

Chewy Granola Bar, PBJ Graham: Nuts, Soy, Wheat

Pancakes: Egg, Wheat

Grape Crescent: Dairy, Wheat

BACK TO SCHOOL													
							7	8	9	10 			
							14 First Student day! Mini Donuts or Oat Bar Fruit Yogurt Juice Milk		15 Cereal or Cereal Bar Fruit Yogurt w/Granola Juice Milk		16 Pancake Wrap w/Syrup or Nutrigrain Bar Fruit Yogurt w/Granola Fruit Milk		17 
							19 Poptart or Oatbar Fruit String Cheese Stick Yogurt w/Granola Juice Milk	20 French Toast Sticks w/Syrup or Cereal Fruit Yogurt w/Granola Juice Milk	21 Breakfast Sandwich or Poptart Yogurt w/Granola Fruit Juice Milk	22 WG Muffin or PBJ Graham Sandwich Yogurt Fruit Juice Milk	23 Sausage & Cheese Biscuit or Cereal Bar Fruit Yogurt Juice Milk	24 	
26 Mini Pancakes w/Syrup or Oat Bar Yogurt w/Granola Fruit Juice Milk	27 Eggs or Sausage Patty Bagel w/Butter Fruit Yogurt Juice Milk	28 Breakfast Pizza Or Cereal Bar Yogurt/String Cheese Fruit Juice Milk	29 Oatmeal w/Brown sugar or Nutrigrain Bar Yogurt w/Granola Fruit Juice Milk	30 Mini Waffles w/Syrup Fruit Yogurt Juice Milk									

Breakfast Info.: Breakfast is served in the SA cafeteria from 7:30 a.m. -7:55 a.m. for grades K-12.
Breakfast Pricing: Paid (\$1.50); Reduced (\$0.30); Free (\$0.00); Adult (\$1.80)
 Please note: Menu subject to change.
 Substitutions available with Physician documented allergies only.
 Contact Abbey Morgan at 260-589-1112 with menu questions/concerns.